

## SECTION 4 - BALANCE OF GOOD HEALTH

### Activity Sheet 2—Wordsearch

All the words below are hidden in the word square. They could be vertical, horizontal or diagonally – forwards or backwards. Can you find them?

|            |         |       |        |
|------------|---------|-------|--------|
| MILK       | SUGARY  | FRUIT | DAIRY  |
| VEGETABLES | BREAD   | FATTY | MEAT   |
| EGGS       | CEREALS | FISH  | POTATO |

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| S | U | G | A | R | Y | B | D | Y | D |
| R | E | P | Z | P | O | T | A | T | O |
| M | F | I | S | H | C | H | I | T | A |
| B | R | E | A | D | I | S | R | A | L |
| E | U | E | B | C | L | O | Y | F | G |
| G | I | A | C | A | M | T | S | F | B |
| G | T | G | E | T | P | T | W | I | F |
| S | J | R | A | I | T | A | B | B | A |
| S | E | L | B | A | T | E | G | E | V |
| C | F | U | W | T | N | M | I | L | K |

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# SECTION 4 - BALANCE OF GOOD HEALTH

## ANSWERS - Activity Sheet 2

All the words below are hidden in the word square. They could be vertical, horizontal or diagonally – forwards or backwards. Can you find them?

|            |         |       |        |
|------------|---------|-------|--------|
| MILK       | SUGARY  | FRUIT | DAIRY  |
| VEGETABLES | BREAD   | FATTY | MEAT   |
| EGGS       | CEREALS | FISH  | POTATO |

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| S | U | G | A | R | Y | B | D | Y | D |
| R | E | P | Z | P | O | T | A | T | O |
| M | F | I | S | H | C | H | I | T | A |
| B | R | E | A | D | I | S | R | A | L |
| E | U | E | B | C | L | O | Y | F | G |
| G | I | A | C | A | M | T | S | F | B |
| G | T | G | E | T | P | T | W | I | F |
| S | J | R | A | I | T | A | B | B | A |
| S | E | L | B | A | T | E | G | E | V |
| C | F | U | W | T | N | M | I | L | K |

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