

SECTION 3 - FOOD SAFETY

Activity Sheet 1—Hand washing

Should you wash your hands **BEFORE** or **AFTER** doing each of these everyday things?

Tick your answer under the appropriate heading(s).

	BEFORE	AFTER
Stroking your cat or dog		
Putting rubbish in the bin		
Combing your hair		
Making a sandwich		
Going to the toilet		
Sneezing		
Eating your lunch		
Changing a baby's nappy		
Preparing a salad		
Touching raw meat		
Digging the garden		
Cleaning your shoes		
Preparing a stew		

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ANSWERS—Activity Sheet 1

Should you wash your hands **BEFORE** or **AFTER** doing each of these everyday things?

Tick your answer under the appropriate heading(s).

	BEFORE	AFTER
Stroking your cat or dog		X
Putting rubbish in the bin		X
Combing your hair		X
Making a sandwich	X	
Going to the toilet		X
Sneezing		X
Eating your lunch	X	
Changing a baby's nappy		X
Preparing a salad	X	
Touching raw meat	X	X
Digging the garden		X
Cleaning your shoes		X
Preparing a stew	X	